

1. We have very little, to no modesty.
2. When standing around waiting for something we must stretch something. Be it a calf muscle, a thigh or something else. It's an instinct.
3. If the item is small enough, and it falls on the ground we have to bend over at the waist, any stretch is a good stretch.
4. When we have a long strip of open floor we're yearning to do something across it, but are afraid of looks we might get.
5. We're constantly thinking of combinations we could do in the current area.
6. We really would rather be dancing.
7. We hate conceited dancers.
8. Marking a dance isn't any fun.
9. We do eat, we just work hard enough so that we don't gain any weight.
10. Outside of class, we are actually very clumsy and accident-prone.
11. Outside of the studio we don't look like dancers either, we slouch, we scuff our feet and we are completely un-beautiful.
12. When in stores, dancing is imminent. Turns, jumps and poses are sure to happen as soon as the aisle is clear.
13. Crack the back, we must crack the back.
14. If we try to crack the back, but fail, it's rather depressing.
15. When we hear music we've danced to, we have to do a part of that dance, no matter who looks at us.
16. Or we just run away. -Jane Logan
17. If we have something we excel in, we have to show that one thing off, i.e., turn-out, perfect pointe, hyper extension, etc.
18. No where else but in a ballet studio will you see so many people taking off clothing and no one batting an eye.
19. When people ask to show off the one thing you do excel in, act like you hate it and don't understand why people like to see it.
20. If we get hurt we lie and say we're okay, no matter how bad it is. "No, my ankle is supposed to look like that."
21. If we're tired we lie and say we're not, "Sure I could go for another five hours, no sweat!"
22. Hungry? Yup, you guessed it, lie! "I'm not really hungry. Just give me some water."
23. Speaking of water, drink, drink, drink. Even if we're not thirsty, we drink. It looks like we're working hard.
24. Dance has a specific smell non-dancers will never understand.
25. Cracks, pops, and other such noises are a dancer's body music.
26. We make the most music in the morning.
27. Classical ballet is harder than it looks.
28. Don't jump on concrete.
29. It's not uncommon to have "off days."
30. "Off days" are one of the worst kinds of days we can have.
31. If we have done something incredibly stupid and hurt ourselves, we must tell everyone how we hurt ourselves stupidly.
32. If (and when) we fall on our ass, we have to make it look like we did it on purpose. Oh, and end it in the most beautiful pose you've even seen.
33. If you do somehow hurt yourself and can't do class, you feel as though you have to at least sit and soak in what you can.
34. Mean teachers will never make as big of an impact as kind ones.
35. Every one dreams of getting into the Bolshoi, but we're realistic, we'll just set our sights for ABT... Okay so we're not that realistic.
36. We're willing to try anything once.
37. If we come close to doing something, we'll keep trying until we do it. And it must be perfect.
38. Turning dreams are regular. It's not odd to have a dream where we do 30 or 40 pirouettes and land perfectly; this is the best kind of dream we could have.
39. After these dreams when we wake up we think, "I've solved it! I know how to do perfect turns!" We never do though.
40. We could hate a song, then do a dance to said song and if the dance rocks wind up loving the song.

41. It's not unusual to buy a CD with a song we danced to, just for that one song.
42. OBT (Oregon Ballet Theatre) sucks.
43. After doing four, five, six or whatever you consider to be an amazing amount of turns, look around and pray someone saw you.
 44. No one saw.
 45. If that rare time occurs and someone does see you do six turns, they become your new hero and best friend.
 46. We always count the turns. No matter who's doing them we count: three, two, seven, every head spot gets seen.
 47. We do the best turns when messing around.
 48. It's insanely aggravating when we forget to count and we feel like we just did more than normal.
 49. The teacher never sees when you do something damn good.
 50. Our bodies feels like they are sixty.
 51. People who say ballet sucks should be beaten with a large stick.
 52. We all get shin splits sooner or later.
 53. The teachers pick on us personally.
 54. Waiting for class, 100 percent energy: "I can't wait to get to barre!"
 55. At barre, 70 percent energy: "I can't wait to get to center!"
 56. At center, 45 percent energy: "I can't wait to go across floor!"
 57. Across floor, 25 percent energy: "I can't wait for class to be over!"
 58. After class, "I can't wait for my next class!" energy 110 percent (fake energy).
 59. We find the rhythm in everything:, music, hammering, turn signals, walking, everything and anything.
 60. People who come the class to socialize piss the hard workers off.
 61. Everything is counted in eighths.
 62. We stand in variations of first, third or fifth, and on rare occasions second and fourth.
 63. All ballet dancers must hate cheerleaders.
 64. If you manage to do more then your normal amount of turns at the start of the day forget about turning well for the rest of class. You've used all your turning power up.
 65. Those movements we're doing with our hands are dancer steps: twilling a finger, turns, lifting our hands up and down, jumps, it's a complicated thing non-dancers will never understand.
 66. Nothing sucks worse than working your butt off in a performance, you go out for curtain call, and the audience gives you a pretty dang good response. Then a small child comes out who did nothing and the house blows the roof off the place. At this point we wonder, "I wonder how many rows I could kick that kid?"
 67. When some one falls down (and doesn't get hurt) at class, it's funny. When someone falls down in a show in a dance other than yours, it sucks for them, but it's funny.
 - When someone falls down in a show and it's your dance, it's not funny.
 68. Watching ballet with non-dancers sucks, our pointing every wrong thing out falls on deaf ears, "Wow! Look at her feet!" "...okay..." "What a great pointe!" "...okay..."
 69. Watching ballet with non-dancers sucks. They point out stupid stuff, but we're quick to shoot them down and prove our dancing prowess: "Wow! They sure did a lot of turns!" "Not really, their right shoulder was up slightly and they only did four, I can do four!" "That sure was a nice jump!" "I've seen better, their foot wasn't turned out enough, the spits could have been higher, and their arms would have looked better in third than in fourth."
 70. When we say such things, that look you give us gets old.
 71. It's not uncommon for dancer to scream when watching a video of a really good dancer doing something incredible.
 72. There's always someone better than us.
 73. Show off discretely and act surprised when someone compliments you.
 74. Whine about how bad you are.
 75. Whine about how awful your body looks.

76. Our legs are never long enough.
77. Our jumps are never high enough.
78. Our feet could have a better pointe.
79. We could have better turn-out.
80. We could be more flexible.
81. We are always too fat.
82. On video, we always suck.
83. We want a clone, so we can sit in the audience and watch what a bad job we do.
84. You've just done something astounding, hard, amazing, and the audience... does nothing. As you stand, kneel, or whatever, you think, "Clap you rotten..."
85. Pity claps suck.
86. You've just done something not very hard, but you get a great applause. Try not to laugh.
87. We've done the best show ever! It was that one rare time in our history when we danced perfectly. We proudly watch the video over and over, then two years later (sometimes more, sometimes less), we watch it again, and cry, because we looked really awful.
88. When watching ourselves on video with non-dancers we must point out our mistakes, even though they would never notice.
89. If we have room we must turn.
90. If on hard wood or linoleum, we must turn, even if we don't have room.
91. When our knee slams into the chair, cutting board, table, etc. after turning in the kitchen (or where ever), we must try again, to prove it wasn't us (it was the floor).
92. Above all else, hate those who are better than you are, especially if they're younger than you.
93. There are times when we don't bend at the waist when picking something up, in those cases we do great arabesques.
94. Flexibility doesn't phase us.