

# DANCE QUOTES

1. Only the wise can dance the rhythm of life. --  
Unknown

2. Nobody cares if you can't dance well. Just get  
up and dance. ~Martha Graham

3. Great dancers are not great because of their  
technique; they are great because of their passion.  
- Martha Graham

4. Dance is the hidden language of the soul, of  
the body - Martha Graham

5. Movement never lies. It is a barometer telling  
the state of the soul's weather. ~Martha Graham

6. Dance is a song of the body. Either of joy or  
pain. ~Martha Graham

7. I don't want people who want to dance; I  
want people who have to dance. - George  
Balanchine

8. Those who danced were thought to be quite  
insane by those who could not hear the music. -  
Angela Monet

9. There is nothing more notable in Socrates than  
that he found time, when he was an old man, to  
learn music and dancing, and thought it time well  
spent. - Michel de Montaigne

10. Dance like no one is watching. Sing like no  
one is listening. Love like you've never been hurt  
and live like it's heaven on Earth. - Mark Twain

11. Live a balanced life - Learn some and think  
some, and draw and paint and sing and dance and  
play and work every day some. - Robert Fulghum

12. There was a star danced, and under that was I  
born. - William Shakespeare Much Ado About  
Nothing

13. You've never felt pain until you've walked in  
a dancer's shoes. - Unknown

14. We should consider every day lost on which  
we have not danced at least once.  
- Friedrich Nietzsche

15. Human beings, vegetables, or comic dust, we  
all dance to a mysterious tune intoned in the  
distance by an invisible player. - Albert Einstein

16. Anyone who thinks sunshine is happiness has  
never danced in the rain. - Unknown

17. Life may not be the party we hoped for, but  
while we're here we should dance. - Unknown

18. The dance is a poem of which each  
movement is a word. - Mata Hari

19. The truest expression of a people is in its  
dances and its music...Bodies never lie. - Agnes De  
Mille

20. Let them praise his name with dancing and  
make music to him with tambourine & harp. -  
Psalm 149:3

21. There is a bit of insanity in dancing that does  
everybody a great deal of good. ~Edwin Denby

22. I would believe only in a God that knows  
how to dance. ~Friedrich Nietzsche

23. We're fools whether we dance or not, so we  
might as well dance. ~Japanese Proverb

24. Nobody cares if you can't dance well. Just  
get up and dance. ~Dave Barry

25. Dancing is like dreaming with your feet!  
~Constanze

26. You can dance anywhere, even if only in  
your heart. ~Author Unknown

27. Dancing is the perpendicular expression of a  
horizontal desire. ~Author Unknown

28. Dance is the only art of which we ourselves  
are the stuff of which it is made. ~Ted Shawn,  
*Time*, 25 July 1955

29. Dancers are the athletes of God. ~Albert Einstein

30. Dancers are instruments, like a piano the choreographer plays. ~George Balanchine

31. There are short-cuts to happiness, and dancing is one of them. ~Vicki Baum

32. To dance is to be out of yourself. Larger, more beautiful, more powerful. ~Agnes De Mille

33. Remember, Ginger Rogers did everything Fred Astaire did, but backwards and in high heels. ~Faith Whittlesey

34. Dancing with the feet is one thing, but dancing with the heart is another. ~Author Unknown

35. Dance till the stars come down from the rafters. Dance, Dance, Dance till you drop. ~W.H. Auden

36. It takes an athlete to dance, but an artist to be a dancer. ~Shanna LaFleur

37. Dancing can reveal all the mystery that music conceals. ~Charles Baudelaire

38. Dance first. Think later. It's the natural order. ~Samuel Beckett

39. Dancing is the poetry of the foot. ~John Dryden

40. And those who were seen dancing were thought to be insane by those who could not hear the music. ~Friedrich Wilhelm Nietzsche

41. Light quirks of music, broken and uneven, Make the soul dance upon a jig to Heav'n. ~Alexander Pope, *Moral Essays*

42. I see dance being used as communication between body and soul, to express what it too deep to find for words. ~Ruth St. Denis

43. Talk about dance? Dance is not something to talk about. Dance is to dance. ~Peter Saint James

44. Dance, even if you have nowhere to do it but your living room. ~Kurt Vonnegut

45. Poetry is to prose as dancing is to walking. ~John Wain

46. To watch us dance is to hear our hearts speak. ~Hopi Indian Saying

47. They who love dancing too much seem to have more brains in their feet than in their head. ~Terence

48. Dance is a delicate balance between perfection and beauty. ~Author Unknown

49. Socrates learned to dance when he was seventy because he felt that an essential part of himself had been neglected. ~Source Unknown

50. Every day brings a chance for you to draw a breath, kick off your shoes, and dance. ~Oprah Winfrey

51. Everything in the universe has rhythm. Everything dances.- *Maya Angelou*

52. Dance is music made visible. - *George Balanchine*

53. First comes the sweat. Then comes the beauty if you're very lucky and have said your prayers. - *George Balanchine*

54. Ladanse,c'est le mouvement,et le mouvement, c'est la vie. (Dance is movement, and movement is life). - *Ludmilla Chiriaeff*

55. Good choreography fuses eye, ear, and mind. - *Arlene Croce*

56. Dance is so important in the world. It needs no language. Our bodies speak a language of its own. - *Ibrahim Farrah*